

Seizure First Aid

How to respond to someone having a seizure

1

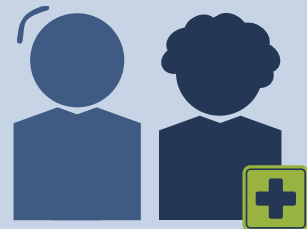
STAY with the person until they are awake and alert after the seizure.

- ✓ Time the Seizure
- ✓ Remain Calm
- ✓ Check for Medical ID



2

Keep the person **SAFE**.
Move or guide the person away from harm.



3

Turn the person onto their **SIDE** if they are not awake and aware.

- ✓ Keep Airway Clear
- ✓ Put Something Soft Under Head
- ✓ Loosen Tight Clothes Around Neck



Call
911 if:

- Seizure lasts longer than five minutes
- Person does not return to their usual state
- Person is injured, pregnant, or sick
- Repeating seizures
- First time seizure
- Difficulty breathing
- Seizure occurs in water

Do
Not:

- ✗ Do **NOT** restrain.
- ✗ Do **NOT** put any objects in their mouth.
- ✓ Rescue medications can be given if prescribed by a health care professional.