



One-on-one cognitive coaching  
helps you build skills to manage  
epilepsy and memory challenges  
at home, work and school.

[hobscotch.org](https://hobscotch.org)



#telehealth accessible epilepsy solutions





HOBSCOTCH was *scientifically tested* and found to help people living with epilepsy improve their quality of life, memory and thinking.



No matter where you live, HOBSCOTCH can help you learn to *manage your epilepsy and improve organization and social skills*.



HOBSCOTCH is all about YOU! You will receive 8 weeks of *one-on-one cognitive coaching* delivered by telehealth to your home.



Our team includes *trained and certified HOBSCOTCH coaches* who are licensed health professionals and experienced epilepsy educators.

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